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How much information do we need?

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6 Abstract

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7 Modern technology is succeeding in delivering more information to people at ever faster rates. Under traditional 8 views of rational decision making where individuals should evaluate and combine all available evidence, more informa-9 tion will yield better decisions. But our minds are designed to work in environments where information is often costly 10 and difficult to obtain, leading us to use simple fast and frugal heuristics when making many decisions. These heuristics typically ignore most of the available information and rely on only a few important cues. Yet they make choices that are 11 12 accurate in their appropriate application domains, achieving ecological rationality through their fit to particular infor-13 mation structures. This paper presents four classes of simple heuristics that use limited information-recognition-based 14 heuristics, one-reason decision mechanisms, multiple-cue elimination strategies, and quick sequential search mecha-15 nisms—applied to environments from stock market investment to judging intentions of other organisms to choosing 16 a mate. The findings that ecological rationality can be achieved with limited information are also used to indicate 17 how our mind's design, relying on decision mechanisms tuned to specific environments, should be taken into account 18 in our technology's design, creating environments that can enable better decisions. 19 © 2005 Published by Elsevier B.V.

20 Keywords: Heuristics; Fast and frugal decision making; Environment structure; Ecological rationality; Limited information

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22 1. Introduction

Humans are a rather impatient lot, willing to make snap judgments and jump to conclusions on the basis of very little information. Even when more information *is* readily available, many decisions are made on the basis of quick impressions

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without bothering to gather further data. The 28 same holds true when the opportunity arises to ex-29 pand the set of possible choice options: People of-30 ten avoid seeking additional alternatives and 31 instead settle for one of the things that is already 32 available. These failures to search for further 33 information or alternatives occur at all levels of 34 decision making, from the relatively inconsequen-35 tial to the rather major. For instance, people 36 choose products and buy stocks on the basis 37

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38 of name recognition alone (Goldstein and 39 Gigerenzer, 1999, 2002), and people looking for 40 information on the web tend to give up on a site 41 after less than two clicks rather than searching it more deeply to see if it will be useful (Huberman 42 43 et al., 1998). Of slightly more consequence, people 44 on the market for apartments are happy to check 45 only 6 of 25 cues made available to them before 46 making a choice (Saad and Russo, 1996). Even 47 more dramatically, it is commonly claimed that people fall in love at first sight without finding 48 49 out more about their partner. While this may or 50 may not be true, surveys in the United States have 51 shown that more than a third of individuals in 52 their 30s a decade ago married the first person they 53 had sex with-a fact that economists have pointed 54 to as evidence of human inadequacy in informa-55 tion search (Frey and Eichenberger, 1996).

56 Findings such as these usually lead to the claim 57 that people are acting irrationally in such situations (Piattelli-Palmarini, 1996; Gigerenzer and 58 59 Todd, 1999). The correct thing to do according 60 to traditional norms of rationality is to collect all 61 the available information and combine it appropriately, or to consider all the possible alternatives 62 until the costs of doing so outweigh the potential 63 benefits. Doing anything less than this would risk 64 65 error and poor judgment. But is it actually so wrong to make decisions in the rapid manner hu-66 67 mans frequently employ? How many options should we consider? How much information do 68 69 we need?

70 The surprising answer being found in more and 71 more recent decision-making research is this: for 72 many situations, not that much. Instead of needing to process all the facts and consider all the options, 73 74 people can often make surprisingly good decisions using simple "fast and frugal" heuristics, shortcut 75 76 choice strategies that ignore a lot of information. 77 The trick is to ignore the appropriate pieces of 78 information, that is, the unnecessary bits. Or put 79 the other way, the trick is to search for the few pieces of information or alternatives that will be 80 81 most useful and process them appropriately. Sim-82 ple heuristics are being uncovered that accomplish 83 this trick in a variety of decision domains. This paper introduces some of these decision mechanisms 84 in domains ranging from food choice to mate 85

choice and shows how the study of heuristics can86aid our understanding and practice of making87good decisions—and making tools to help reach88good decisions—with limited information.89

2. Three views of human rationality

Modern technology is being used to deliver a 91 broader range of information to people in a broad-92 er range of circumstances than ever before, often 93 with the aim of helping people to make decisions 94 or otherwise influencing their behavior. But how 95 do people actually end up processing the informa-96 tion they are flooded with into decisions and ac-97 98 tions? Without knowing this, we cannot say very conclusively how best to help decision makers in 99 any particular context, nor what and how much 100 information would best accomplish this goal. 101 While it is obvious that we must take human psy-102 chology into account in figuring out what and how 103 to communicate to people, there is often disagree-104 ment as to what is the nature of that psychology. It 105 comes down to competing views of human 106 rationality. 107

The traditional view of unbounded rationality 108 says that decisions should be made by gathering 109 and processing all available information, without 110 concern for the human mind's computational 111 112 speed or power. This view is found surprisingly commonly in perspectives ranging from Homo 113 economicus in economics to the "GOFAI" (good 114 old-fashioned AI) school of artificial intelligence 115 (Goodie et al., 1999). According to this view, 116 information technologies should either shower 117 people with all the information that might possibly 118 be relevant for making a particular decision and let 119 them work out the optimal inference themselves, 120 or they should gather as much information as pos-121 sible and then make the decision for the user by 122 weighing and adding it all into a final conclusion. 123 This view of unbounded rationality at work can 124 be seen in various World Wide Web decision aid 125 sites, such as selectsmart.com, which gathers 126 extensive data by asking users dozens of questions 127 about their preferences for everything from what 128 129 kind of pet they should get to what kind of indus-130 trial drill sharpener is best for them, and then

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131 processes all that information into a final ordered 132 list of possibilities for the user to buy. This unbri-133 dled approach to information processing certainly 134 fails to capture how most people make most decisions most of the time; as a consequence, it is 135 136 not only a poor basis for building psychological 137 models, but also a poor basis for building decision tools meant to be used or understood by real 138 139 people (Katsikopoulos and Fasolo, submitted for 140 publication).

141 In contrast, decision making via simple heuris-142 tics fits into the realm of bounded rationality-143 studying how people, and other animals, can make reasonable decisions given the constraints that 144 145 they face, such as limited time, limited informa-146 tion, and limited computational abilities. Herbert 147 Simon championed this view of cognition, arguing 148 that because of the mind's limitations, humans 149 "must use approximate methods to handle most 150 tasks" (Simon, 1990, p. 6). These methods include recognition processes that largely obviate the need 151 for further information, heuristics that guide the 152 153 search for information or options when it is neces-154 sary and determine when it should end, and simple 155 decision rules that make use of the information found-we shall see examples of each of these 156 157 methods below.

158 Simon's notion of bounded rationality, origi-159 nally developed in the 1950s, was enormously 160 influential on psychologists and economists who 161 followed, but it was interpreted in two distinct 162 ways: First, a number of researchers accepted his 163 assertion that the mind *does* work that way-but 164 assumed at the same time that it is often flawed 165 in doing so. We would, and should, all be unboundedly rational, if only we could. Under this 166 view, the simple heuristics that we so often use can 167 168 often lead us astray, making us reach biased deci-169 sions, commit fallacies of reason, and suffer from cognitive illusions (Piattelli-Palmarini, 1996). The 170 171 very successful "heuristics-and-biases" research 172 program of Tversky and Kahneman (1974; Kahneman et al., 1982) has embodied this interpretation 173 174 of bounded rationality and led to much work on 175 how to "debias" people so they could overcome 176 their erroneous heuristic decision making.

177 In stark contrast, a growing number of 178 researchers are finding that people can and often do make good decisions with simple rules or heu-179 ristics that use little information and process it in 180 quick ways (Payne et al., 1993; Gigerenzer and 181 Todd, 1999; Gigerenzer and Selten, 2001). This 182 second view of bounded rationality argues that 183 our cognitive limits do not stand in the way of 184 adaptive decision making (though other environ-185 mental factors can, as we will turn to below); in 186 fact, not only are these bounds not always hin-187 drances, they can even be beneficial in various 188 ways (Hertwig and Todd, 2003). The applied 189 implication of this perspective is that if people 190 can successfully use fast and frugal heuristics to 191 process only a few pieces of information when 192 making decisions, then striving to deliver them 193 greater and greater amounts of information may 194 not achieve the desired end of aiding good deci-195 sions-or at least not as cheaply and effectively 196 as could otherwise be possible. Thus, this view of 197 bounded human rationality prescribes figuring 198 out what information people will actually use 199 and focusing delivery on those items-a less-is-200 more, simplicity-based approach that is beginning 201 to catch on in applications in medical communica-202 tion (Hoffrage et al., 2000), law (Gigerenzer, 2002), 203 technology industries (Kluth, 2004), business and 204 marketing (Fasolo et al., in press), and elsewhere. 205

To figure out what information is actually 206 important for people's decisions in different situa-207 tions, we must consider the source of our bounded 208 rationality (Todd, 2001). The usual assumption is 209 that the constraints that bound our rationality 210 are internal ones, such as limited memory and 211 computational power. But this view leaves out 212 most of the picture-namely, the external world 213 and the constraints that it imposes on decision 214 makers. There are two particularly important clas-215 ses of constraints that stem from the nature of the 216 world: First, because the external world is uncer-217 tain-we never face exactly the same situation 218 twice—our mental mechanisms must be robust, 219 that is, they must generalize well from old in-220 221 stances to new ones. One of the best ways to be robust is to be simple, for instance, by employing a 222 mechanism containing few parameters. As a conse-223 quence, external uncertainty can impose a bound 224 of simplicity on our mental mechanisms. 225

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226 Second, because the world is competitive and 227 time is money, or at least energy, our decision mechanisms must generally be fast. The more time 228 229 we spend on a given decision, the less time we have 230 available for other activities, and the less likely we 231 are to outcompete our rivals in the endless arms 232 race of life. To be fast, we must minimize the information or alternatives we search for in making our 233 decisions. That is, the external world also con-234 235 strains us to be frugal in what we search for.

236 But the external world does not just impose the bounds of simplicity, speed, and frugality on us-237 238 it also provides the means for staying within these 239 bounds. A decision mechanism can stay simple 240 and robust by relying on some of its work being done by the external world-that is, by counting 241 on the presence of certain useful patterns of infor-242 243 mation in the environment. Some observable cues 244 are useful indicators of particular aspects of the 245 world, such as red color usually indicating ripe 246 fruit. Our minds are built to exploit such patterns and thereby reduce the need for gathering and pro-247 248 cessing extra information. But, as the research in the heuristics-and-biases program has demon-249 250 strated, such reliance on particular expected infor-251 mation patterns can lead us astray if we are 252 presented with environments that violate our 253 expectations. We evolved in environments where 254 bits of information were endowed with reliability 255 by the more-or-less immutable physical objects 256 they emanated from, things like a family member's face, or a predatory cat's snarl. In the modern dig-257 258 ital world where images, sounds, and other sensa-259 tions can be built up from scratch and delivered to 260 us as purportedly useful information, the bits have been dissociated from the physical atoms, and the 261 262 expected patterns of reliable relationships need no longer hold. This points again to the importance of 263 264 giving decision makers the right information in the 265 right presentation to facilitate their inferences and 266 choices.

Emphasizing the role of the environment for bounding, constraining, and empowering human cognition leads to a new conception of *ecological* rationality (Todd et al., 2000). The goal in studying ecological rationality is to explore how simple mental mechanisms can yield good decisions by exploiting the structure inherent in the particular decision environment where they are used. This 274 is the research program of Gigerenzer et al. 275 (1999; Todd and Gigerenzer, 2000), who have so 276 far focused primarily on laying out the contents 277 of the "adaptive toolbox" of decision mechanisms 278 that people use in a variety of task environments 279 (Todd et al., 2000). From this foundation, one 280 can then design environments that convey useful 281 information in the way most appropriate for peo-282 ple to make good decisions. Two main types of 283 simple heuristics in the adaptive toolbox have been 284 explored to date: those that make decisions among 285 currently available options or alternatives by limit-286 ing the amount of information they seek about the 287 alternatives; and those that search for options 288 themselves in a fast and frugal way. Both types 289 rely on even simpler building blocks that guide 290 the search for information or options, stop that 291 search in a frugal manner, and then decide on 292 293 the basis of the search's results. Next we will consider three examples of the first sort of informa-294 tion-searching decision heuristics, before finishing 295 with heuristics for sequential search over 296 alternatives. 297

3. The recognition heuristic—ignorance-based298decision making299

Within the realm of fast and frugal heuristics 300 that seek and use only a limited amount of infor-301 mation, perhaps the simplest possible heuristic 302 actually relies on a lack of knowledge. Consider 303 the following inferential task: Which city is larger, 304 San Diego or San Antonio? When Goldstein and 305 Gigerenzer (1999, 2002) asked students at the Uni-306 versity of Chicago this question, 62% of them got 307 it right. Then they asked students at the University 308 of Munich the same question and were surprised 309 to find that 100% of the German students chose 310 the correct answer (San Diego). Goldstein and 311 Gigerenzer knew that this could not just be an-312 313 other example of Americans knowing less about the geography of their own country than do 314 foreigners-the well-educated University of Chi-315 cago students knew more about each city than 316 did the German students. Moreover, most of the 317 German students had not even heard of San 318 Antonio. But this is apparently exactly what en-abled them to do so well on this decision.

321 Goldstein and Gigerenzer found similar pat-322 terns on a wide variety of questions, and explained 323 this choice behavior as the outcome of a very 324 simple decision rule: the recognition heuristic. This 325 heuristic says that for choosing between two ob-326 jects on some criterion, when one object is recog-327 nized and the other is not, then pick the 328 recognized one. Clearly, this heuristic will only 329 work in some circumstances-specifically, when 330 the environment is structured so that recognized 331 objects are more often higher on the choice 332 criterion. This is indeed the case for the city size 333 question-larger cities are more likely to be talked 334 about, or mentioned in the media, and hence 335 recognized. In fact, the recognition rates of cities 336 in Germany and the United States were more 337 closely associated with the number of times they 338 were mentioned in newspaper stories than with 339 their actual populations. This is a reminder that 340 the environment structure on which our decisions 341 are based is often socially received rather than 342 directly perceived.

343 Recognition rates are also correlated with size, 344 or status, or importance, in a wide range of other domains beyond city size, from tall buildings to 345 346 winning soccer teams. But the recognition heuristic 347 can only be applied in any of these domains when 348 some of the objects to be chosen between are not 349 recognized. This is what tripped up the University 350 of Chicago students-because they recognized 351 both San Diego and San Antonio, they could not 352 use this heuristic, and instead they had to rely on 353 other knowledge they had about each cityknowledge that proved to be fallible more often 354 355 than did the Germans' recognition knowledge 356 alone. The German students in contrast were able 357 to capitalize on their systematic ignorance. Goldstein and Gigerenzer (1999, 2002) showed more 358 359 precisely that for a given decision task there is an 360 intermediate amount of ignorance versus knowl-361 edge that yields the highest performance for 362 making decisions with the recognition heuristic. 363 If one knows more than this peak amount (e.g., recognizes more cities), decision performance can 364 365 actually decrease. This leads to the unexpected 366 less-is-more effect: Less knowledge can yield more

accurate decisions when using the recognition367heuristic. For instance, American students tested368on size comparisons between pairs of the biggest369American cities got 71% correct (median score),370but when tested on pairs of the biggest German371cities, where they knew much less, they scored37273% correct.373

All of this shows that people can use recogni-374 tion to answer questions about things like city size 375 in the lab. And recent research has shown that 376 people put considerable stock in the value of rec-377 ognition information for making decisions, even 378 being swayed more in a group decision setting by 379 colleagues who only recognize one available op-380 tion (and choose that option on the basis of their 381 recognition) than by those who have more infor-382 mation and recognize all available options (Reimer 383 and Katsikopoulos, in press). But do situations in 384 which the recognition heuristic can be applied ever 385 arise in daily life? Clearly many large corporations 386 387 think they do. For instance, the clothing company Benetton bet almost exclusively on building name 388 brand recognition to attract customers, rather 389 than confusing people by offering any information 390 whatsoever about their products in their ads-and 391 this is a strategy that paid off (Goldstein and Gige-392 renzer, 2002). Based on this observation, Borges 393 et al. (1999) investigated the use of the recognition 394 heuristic for picking companies to invest in on the 395 396 stock market. They found that portfolios based on 397 companies recognized by laypeople interviewed on the street outperformed portfolios of expert-recog-398 nized stocks as well as expert-managed mutual 399 funds. This result may itself only apply in certain 400 environments, such as when the market is rising 401 in general, and it points to the problem of knowing 402 when to use recognition and when to seek more 403 404 information.

It is not yet clear how people assess the validity 405 of recognition knowledge in particular domains. 406 While recognition is a powerful principle that 407 can guide accurate decisions in a wide range of do-408 mains, it is not infallible, and its validity is growing 409 easier to manipulate, for better or worse, with 410 modern technology. In the ancestral environments 411 in which mammalian and human minds evolved, 412 recognition was difficult to fake: The basic way 413 for an individual to get to recognize another 414

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415 individual or object or location was for the first 416 individual to get the thing to be recognized into close proximity, close enough to allow direct per-417 418 ception and storage of the relevant bits in memory. Either you went to the object, or the object came 419 420 to you, and both ways could be fairly costly in 421 terms of time and energy. Similarly, until recently 422 advertising campaigns relied on buying a lot of paper or billboard space and somehow putting this 423 424 where people would see it in order to achieve 425 expensive name recognition. But today only the bits themselves need to be transported-the atoms 426 427 can stay put. For instance, you can now buy 150 million e-mail addresses for a small sum and 428 429 quickly achieve widespread name recognition, though perhaps not in the positive direction. Tele-430 431 vision shows and movies trick us into thinking the 432 faces we recognize belong to people we actually know (Kanazawa, 2002). And studies of the over-433 434 night fame effect (Jacoby et al., 1989) have shown 435 that people can be manipulated into thinking some unknown person is famous just by seeing the 436 437 person's name in a list of real celebrities and then 438 recognizing that name the next day. How can we protect against such cheap manipulation of our 439 440 recognition heuristic in the overly flexible modern 441 information environment?

442 One way is to rely on socially amassed recogni-443 tion, rather than merely individual experience. 444 This is essentially what Borges et al. did in con-445 structing the recognition-based stock portfolios, 446 picking those companies that many people recog-447 nized to increase the reliability of the choices. 448 The Google search engine does a similar thing, if 449 you think of links between pages as indicators of 450 recognition—the more links, the more recognition 451 in this sense, and the more useful the site is judged 452 to be. Anthropologists have studied related simple 453 mechanisms of social learning-copying the most 454 prevalent behavior, which can be accomplished through recognition mechanisms (Todd and Heu-455 456 velink, submitted for publication)-as means for 457 the evolution and spread of cultural innovations 458 (Henrich and McElreath, 2003). While not living 459 in the digital world, rats also rely on social recog-460 nition cues. They develop a preference for foods that they recognize from having smelled them on 461 462 the breath of a fellow nest mate, presumably under

the assumption that if the other rat ate something 463 and is still alive to exhale its aroma, then this sub-464 stance must be okay to eat (Galef, 1987; Noble 465 et al., 2001). Online, this social recognition princi-466 ple has been incorporated into restaurant recom-467 mendation sites (such as the now-defunct Boston 468 Eats)—if a student is looking for, say, a cheap 469 local Chinese restaurant and finds a recommenda-470 tion of one from another student who lived long 471 enough to send in a review, then it is probably 472 okay to eat there, too. Thus, relying on the infor-473 mation collected by others, even if it is only 474 whether or not something is recognized, can help 475 overcome the ease with which recognition-based 476 choices can be dishonestly manipulated at the indi-477 vidual level. This is an aspect of ecological ratio-478 nality that Gigerenzer (1996) and co-workers call 479 social rationality, to highlight the importance of 480 the fact that many of the decisions we make are 481 based on information from social environments 482 constructed of sets of other people we have contact 483 with. 484

4. One-reason decision heuristics—taking the485best cue486

Of course, we often have more information 487 than just recognition available for making our 488 decisions. What kinds of fast and frugal heuristics 489 are appropriate in situations like the following? 490 Imagine trying to decide between two restaurants 491 for taking a guest to dinner. The traditional and 492 normatively prescribed method would be to collect 493 all the information or cues that you know or could 494 find out about each restaurant, such as the average 495 meal cost, distance from home, and amount of 496 garlic in the dishes; then weight each of these cues 497 by their importance for this decision; and finally 498 combine all the weighted values for each alterna-499 tive to come up with a final total criterion value 500 for each. Whichever restaurant has the higher final 501 criterion value is the one to go to, according to this 502 weighted-additive approach to computing the ex-503 pected utility of the two choices (Edwards and 504 Fasolo, 2001). 505

A simpler and faster method is the following: 506 Consider a single cue for the two alternatives, such 507

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508 as meal cost. Does this cue distinguish between the 509 restaurants? If it does, then stop and choose the 510 restaurant pointed to by the cue (e.g., the cheaper one, or the more expensive one, depending on if 511 512 you want to conserve your resources or impress 513 the guest). If the first cue does not distinguish 514 between the alternatives, then consider a second 515 cue, such as distance. If that cue distinguishes, then stop at this point and go with the indicated 516 517 choice (e.g., the nearer restaurant). If not, consider a third cue, and so on, stopping this search for cues 518 519 at the first distinguishing one found and using that 520 cue alone to make the final decision. Mechanisms 521 that operate in this way are called "one-reason 522 decision heuristics," because their final decision is 523 made on the basis of a single cue or reason alone 524 (Gigerenzer and Goldstein, 1999). All of the heu-525 ristics in this family have the same stopping and 526 decision rule building blocks (stop after the first 527 discriminating cue, and use that cue alone to make 528 the decision), but they differ in terms of the cue-529 search building block. For instance, the Minimal-530 ist heuristic looks at the cues in a random order. while another heuristic called Take The Best looks 531 532 at cues in order of their validity, that is, how often 533 they point to the right choice.

This one-reason decision-making approach is 534 535 certainly fast and simple-but can ignoring most 536 of the available information actually work? A 537 growing number of studies have shown that simple 538 heuristics of this type can indeed perform remark-539 ably well in a variety of inferential settings, where 540 it is possible to determine whether decisions are 541 correct. In one case, a competition was run (Czer-542 linski et al., 1999) to compare the performance of two heuristics—the Minimalist heuristic using cues 543 544 in random order and the Take The Best heuristic 545 using cues in validity order-with two strategies 546 that weight and combine all of the available cues-Dawes's Rule, which weights cues equally, 547 548 and multiple linear regression, which weights cues 549 differentially in an optimal fashion. These four algorithms were tested in 20 decision environ-550 551 ments, ranging from judging homelessness rates 552 to comparing professors' salaries on the basis of 553 several specific cues. Across all 20 environments, 554 the simple heuristics were indeed frugal, only looking up a third of the available information (and 555

only ever using one cue to make a decision), 556 whereas the other two strategies processed it all 557 by design. And yet this frugality did not cost the 558 heuristics much in terms of accuracy: When fitting 559 the existing data, Minimalist and Take The Best 560 scored 69% and 75%, respectively, while Dawes's 561 Rule and multiple regression scored 73% and 562 77%, respectively. 563

But a more important measure is how well deci-564 sion strategies do when applied to new data that 565 they have not seen before, because such generaliza-566 tion to new situations is what decision makers 567 must usually confront. On this dimension, Take 568 The Best scored 71% across the 20 environments, 569 whereas multiple regression, usually the gold stan-570 dard for multi-attribute decision making, overfit 571 the noise in the training data and hence fell further 572 in performance than did Take The Best, to 68% 573 accuracy (and Minimalist and Dawes's Rule 574 scored 65% and 69%, respectively). The frugal 575 576 information use and fast processing of Take The Best thus proved more robust than the precise 577 weighting and adding of multiple regression, dem-578 579 onstrating that less information can be more successful in decision making between alternatives. 580

Not only are simple one-reason decision mech-581 anisms accurate and robust, they also correspond 582 to how people (and other animals) make decisions 583 in a variety of circumstances. People use these fast 584 585 and frugal algorithms in environments that have the appropriate structure, even when they must 586 first learn how the environment is structured 587 (Rieskamp and Otto, submitted for publication). 588 Heuristics such as Take The Best are also particu-589 larly used where information is costly or time con-590 suming to acquire (Rieskamp and Hoffrage, 1999; 591 Bröder, 2000; Newell and Shanks, 2003), whether 592 593 the costs come from searching for cues in the environment or from searching in memory (Bröder 594 595 and Schiffer, 2003).

There is a problem lurking here, though, in 596 applying one-reason decision strategies: How can 597 598 we tell what cues a heuristic should use and in what order? As can be seen from the performance 599 figures just given, Take The Best's validity-ordered 600 cue search does considerably better than Minimal-601 ist's random search—but how do we come to know 602 a more-or-less validity-ordered set of cues? 603

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604 In evolutionarily important decision contexts like 605 choosing a mate or selecting something to eat we 606 might have some built-in knowledge of valid cues 607 to use, such as facial symmetry or sweet taste. But we are unlikely to have innately specified cues 608 609 to use, for instance, in deciding between restau-610 rants. For decisions like this in modern environments, people must learn what cues are most 611 612 useful or valid. This can be done through individ-613 ual experience using simple learning rules, for 614 instance, keeping an ordered list of possible cues 615 and moving a cue up in the list every time it leads 616 to a correct decision and down in the list every 617 time it fails (Dieckmann and Todd, in press). 618 Alternatively, people can learn a good cue order socially from other decision makers. This suggests 619 620 a particular path for aiding individual choice: 621 informing people about the cues that other suc-622 cessful decision makers have used, rather than 623 about the specific choices they have made.

624 5. Multiple-cue decision heuristics—using few 625 cues to choose

626 When there are more than two options to choose 627 among, then more than a single binary cue must 628 typically be used to determine a single choice. But 629 here, too, in these situations of multi-attribute deci-630 sion making (Montgomery and Svenson, 1976) it is possible to reach quick decisions using a minimal 631 amount of information, rather than gathering and 632 633 combining a large number of cues or attributes. 634 A "fast and frugal" approach to these decision 635 situations is to use the process of elimination, as 636 incorporated by Tversky (1972) in his Elimination 637 by Aspects (or EBA) choice mechanism. For in-638 stance, if there are several restaurants to be decided 639 among, first pick a cue (or aspect) dimension some-640 how and a way of using that cue to discard some of the available options. In the case of EBA, the cues 641 642 are picked probabilistically, and a threshold is set 643 for determining which options are eliminated from 644 further consideration, such as discarding all restau-645 rants that are more than 10 km away. If there are 646 still multiple options left to be considered, then 647 select another cue and use it to eliminate some 648 more possibilities-such as all restaurants not

serving fish tonight. Proceed in this way, using successive cues to whittle down the set of remaining options, until only a single one remains, which is the final choice. Tversky found that this process describes well what people do in these types of preferential choice tasks. 654

A similar elimination process can be used to 655 categorize objects or stimuli, where the task can 656 be conceived of as deciding which of several 657 possible categories the object best fits into (Berretty 658 et al., 1999). When information may be difficult to 659 come by, and decisions should be made quickly, a 660 fast and frugal categorization process can be 661 adaptive. Consider the situation of trying to decide 662 about another individual's intentions as they ap-663 proach: Does this person want to greet me, dance 664 with me, or take my wallet? How can one judge 665 this, especially if the person is a stranger and is 666 not announcing her aims verbally or facially? 667 One way is to come to a quick first guess on the 668 basis of how she is moving, that is, using motion 669 cues alone to make a rapid categorization (Blythe 670 et al., 1999). 671

People readily ascribe intentions to other organ-672 isms just on the basis of their motions-a bird fly-673 ing straight at you seems intent on attack, or a dog 674 circling around intends to play. Heider and 675 Simmel (1944) showed that people will even effort-676 lessly attribute intentions to inanimate geometric 677 shapes moving around in a simple two-dimensional 678 cartoon. People watching such cartoons would 679 spontaneously describe the actions as, for example, 680 the angry triangle chasing after the adulterous 681 circle. It is surprising that such intricate stories 682 of internal mental states and desires would be 683 generated on the basis of so little information, just 684 the two-dimensional cues of whole-body motion. 685 But this fits in with the perspective of bounded 686 rationality, that decision makers will take short-687 cuts like this if there are reliable simple cues of 688 intention from motion. 689

Barrett et al. (in press) wanted to show that the motion cues *are* reliable—that is, that people can *accurately* judge the intentions of moving agents. To do this, examples of motion trajectories had to be collected from organisms whose intentions could be determined. Natural examples, for instance, footage of cheetahs chasing gazelles, would 696

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697 be realistic but difficult to obtain and display in a 698 controlled fashion, with all cues removed except 699 for two-dimensional motion. Instead, the research-700 ers developed a computerized game setting, in 701 which two people sat at computers in separate 702 rooms, each controlling the motion of one of two 703 colored dots on the computer screen but able to 704 see both. These dots had certain properties associ-705 ated with them so that they would, for instance, 706 accelerate and decelerate in a semi-natural way. 707 The two motion generators were then instructed 708 to move their dot with a certain intention: For in-709 stance, generator 1 would pursue and generator 2 710 would evade. A third person acting as a judge 711 would watch the motion trajectories being gener-712 ated by the other two people and select what inten-713 tional category they thought was being generated, 714 out of a list of six that were used. Whenever the 715 judge chose the correct intention—that is, when-716 ever the generators moved their dots in a way that 717 convinced the judge that they intended to, for in-718 stance, pursue and evade rather than play or do 719 something else-all three participants were re-720 warded with a monetary payoff.

721 Barrett et al. used the trajectories generated in 722 this way to test how accurately a new set of people 723 could decide what the original intentions had been, 724 based solely on the motion patterns they saw on-725 screen. Participants chose the correct intention 726 out of the set of six possibilities nearly 80% of 727 the time. Moreover, the researchers wanted to test 728 whether this was just the result of cultural learn-729 ing, for instance, from watching the same cartoons 730 as children and so picking up a shared vocabulary 731 of motion types, or if it reflected deeper evolved 732 schemas for understanding social interactions. To 733 do this, they showed the same trajectories to adults 734 in a very different non-Western culture: the Shuar 735 hunter-horticulturalists from the Amazon region 736 of Ecuador. Adults there made the same inten-737 tional judgments as the original participants from 738 Germany, suggesting that our cognitive adapta-739 tions for inferring intention from motion may be 740 universal components of human psychology. 741 Thus, the limited information available in two-742 dimensional whole-body motions is enough to 743 make accurate decisions about intent, in line with

the use of a fast and frugal categorization mecha-
nism. Further studies are needed to determine the
exact nature of this mechanism, such as whether it
is based on elimination or some other rapid pro-
cess, and the cues that are used to make this judg-
ment, such as relative velocity, heading, and rate
of turning.744
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Homing in on the cues and heuristics underly-751 ing judgments of intention from motion can lead 752 to a number of applications. For instance, it will 753 help in figuring out how to generate super-stimulus 754 motion trajectories that give everyone a strong 755 impression of intention. These trajectories can be 756 used in making convincing animation, but also in 757 interesting physical applications, such as designing 758 robots that engage humans and trigger desired re-759 sponses based on how they move with respect to 760 their observers; for instance, robot guides in muse-761 ums can engage in leading behavior in the hope 762 that visitors will readily follow. This work can also 763 be extended to analysis of intentions of other mov-764 ing agents; drug companies in particular would be 765 interested in an automated way of telling what rats 766 are doing after they have been given an injection of 767 some new substance-does it make them fight, or 768 court, or play? Driving patterns could also be as-769 sessed using such an approach, where the moving 770 body is someone else's car-are they cutting you 771 off to flirt or fight? 772

6. Sequential search heuristics—looking for a good option

The above examples indicate how good deci-775 sions can be made among alternatives by searching 776 for and using little information about each. But 777 what about situations in which the alternatives 778 themselves must be sought-wouldn't more search 779 in such cases, finding more alternatives to choose 780 from, be better than less search? Economists pre-781 scribe looking for alternatives until the cost of fur-782 ther search outweighs any potential benefits 783 (Stigler, 1961) and then taking the best alternative 784 seen so far. But often the world does not allow 785 such an approach, limiting our knowledge of the 786 costs of search, the benefits that future options 787

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might bring, and even the ability to return to apreviously seen option. Are there fast and frugalheuristics that can be applied for such sequentialdecision tasks?

792 This is an important type of decision to study, 793 because sequential search is ubiquitous, occurring 794 whenever resources being sought are distributed 795 in time or space and so cannot be considered (or 796 at least not encountered) simultaneously. Search-797 ing for mates or friends, houses or habitats, jobs, 798 parking spaces, shopping bargains, or restaurants 799 to eat at all involve sequential decisions of this 800 sort. The problem is that whatever option you cur-801 rently have available—for instance, the restaurant 802 that you are standing in front of-another possibly better option could become available in the fu-803 804 ture, so how can you decide when to stop 805 searching and stick with the current (or some pre-806 vious) option?

807 Search problems can be characterized by a 808 number of features of the search environment and the knowledge and capabilities of the searcher 809 810 (Schotter and Braunstein, 1981), including the following: First, is there a fixed search horizon, that 811 812 is, a fixed number of alternatives that can be 813 looked through? Second, what is the distribution of values of alternatives in the environment and 814 815 what does the searcher know about this distribu-816 tion? Third, are the alternatives or options ephemeral, that is, do they disappear once they have been 817 seen and passed by, or do they stay around so that 818 they can be returned to, or recalled, later? Fourth, 819 820 are there search costs for evaluating each alterna-821 tive? Fifth, are their switching costs for leaving be-822 hind a previously chosen alternative and selecting 823 a new one? And sixth, what is the payoff function, 824 that is, what reward does the searcher receive, 825 based on the value of the chosen alternative? 826 Given some particular set of these characteristics 827 defining a specific search environment, the ques-828 tion then is, how can search be stopped appropri-829 ately? We are particularly interested in answers to 830 this question that are in the form of psychological 831 mechanisms-specifically simple heuristics-but as is done in studying the behavioral ecology of ani-832 833 mals, it can be useful to first explore optimal approaches to help guide the search for the 834 835 psychological shortcuts.

One class of search domains is of particular 836 interest because it captures many important real-837 world decisions. In situations where there is com-838 petition for specific alternatives, as when buying 839 unique items such as antiques or houses, looking 840 for a job or job candidate, or seeking a mate, once 841 the searcher has passed by an alternative and 842 decided not to pick it, there may be no chance of 843 changing one's mind and returning to that alterna-844 tive later, because someone else will have bought 845 the house the searcher rejected or married the per-846 son previously spurned. That is, these search set-847 tings have little or no possibility of recall-848 feature 3 in the list above. Also in such situations, 849 the searcher probably will not know the range of 850 possible alternatives ahead of time-feature 2 851 above-and will have to learn about this distribu-852 tion as the search progresses. What approach can 853 one take to search in such an environment? We 854 can look at a specific simple model of this kind 855 of search and see what the optimal approach is, 856 what simpler decision methods work well, and 857 what people actually do (see Todd and Miller, 858 1999, for more details). A problem of this form 859 has been well studied in probability theory (Fergu-860 son, 1989), where it is known as the secretary 861 problem in the job search domain, or the dowry 862 problem in the mate search domain. As the dowry 863 problem, it goes like this: 864

A sultan wishes to test the wisdom of his chief 865 advisor, to decide if he should retain this cabinet 866 position. The chief advisor is seeking a wife, so 867 the sultan takes this opportunity to judge his wis-868 dom. The sultan arranges to have 100 women from 869 the kingdom brought before the advisor in succes-870 sion, and all the advisor has to do to retain his post 871 is to choose the woman with the highest dowry. If 872 he chooses correctly, he gets to marry that woman 873 and keep his post; if not, the chief executioner 874 chops off his head. The advisor can see one woman 875 at a time and ask her dowry; then he must decide 876 immediately if he thinks she is the one with the 877 highest dowry out of all 100 women, or else let 878 her pass by and go on to the next woman. He can-879 not return to any woman he has seen before-once 880 he lets her pass, she is gone forever. Moreover, the 881 advisor has no idea of the range of dowries before 882 he starts seeing the women. What strategy can he 883 possibly use to have the greatest chance of pickingthe woman with the highest dowry?

886 In a search situation like this, where the distri-887 bution of available alternatives is unknown, there 888 is no recall and no switching, then searching with 889 an aspiration level can be appropriate-what Si-890 mon (1956, 1990) called satisficing. In particular, 891 search can be divided into two phases: In the first phase, alternatives are just looked at without 892 893 selecting any of them, so that the searcher can 894 gather information about the available options. 895 This information is used to set an aspiration 896 level-the minimum value that the searcher will try to get in further search. The second phase then 897 898 consists of looking at additional alternatives, until 899 one is found that exceeds the aspiration level set in 900 phase 1. Search is stopped at that point and that 901 alternative is chosen. Once the aspiration level is 902 set, the length of the second search phase is out 903 of the searcher's control. But how long should the first phase be, and how should the aspiration 904 905 level be set when it is done?

906 In the case of the dowry problem, the searcher 907 is trying to maximize the chance of picking the sin-908 gle best alternative, here in terms of the highest 909 dowry. The optimal way to set the aspiration level 910 is to search long enough in phase 1 that enough 911 information is obtained about the available values 912 to make a good decision, but not so long that the 913 searcher passes by the best alternative in phase 1 914 without selecting it. The length of phase 1 that 915 optimizes this balance is to look at N/e of the 916 available alternatives (Ferguson, 1989), where N917 is the search horizon length or number of alterna-918 tives and $e \approx 2.718$ is the base of the natural loga-919 rithm system. This comes out to 37% of N, so in 920 other words, the optimal approach is to follow 921 the 37% rule: In phase 1, look at 37% of the 922 upcoming alternatives; then set the aspiration level 923 to equal the highest value seen among all those 924 alternatives; and finally continue search in phase 925 2 until an alternative is found that exceeds the 926 aspiration level. This method gives a better than 927 1 in 3 chance (a 37% chance, in fact) of picking 928 the highest dowry. This is a simple heuristic, and 929 it is relatively successful, but it has a drawback— 930 it is not particularly fast or frugal. In fact, the 931 mean search time required when using the 37% rule-that is, the sum of phase 1 and phase 2-is 932 74% of the search horizon. Thus, for instance, if 933 people faced a mate search situation akin to the 934 dowry problem, then they would certainly have 935 to do a lot of search to behave optimally, on aver-936 age going through about three-quarters of the po-937 tential mates they might ever meet before making a 938 final choice. Rising divorce rates notwithstanding, 939 this is probably not a widespread strategy. 940

Do people actually use the 37% rule in these 941 types of search settings? Seale and Rapoport 942 (1997) experimentally investigated behavior in 943 944 the secretary problem setting, looking for simple heuristics that could explain what participants 945 did. They proposed three such heuristics, namely, 946 a cutoff rule, a candidate count rule and a successive 947 non-candidate rule. The cutoff rule is a generaliza-948 tion of the optimal 37% rule solution, where 949 searchers simply pass by a certain number of op-950 tions and then select the next encountered top-951 ranked option (so the 37% rule is a cutoff rule with 952 the cutoff set at 37% of the possible alternatives). 953 Defining each option that is top-ranked at the mo-954 955 ment it is assessed as a *candidate*, the candidate count rule simply implies choosing the *i*th candi-956 date seen. The successive non-candidate rule, on 957 the other hand, chooses the first candidate that is 958 interviewed after observing at least k consecutive 959 non-candidates-that is, it stops searching after 960 the gap between successive candidates has grown 961 sufficiently large. All of these heuristics require 962 only minimal cognitive resources (mainly counting 963 and comparing options against the best seen so 964 far), and the cutoff rule and successive non-candi-965 date rule in particular can perform very well on 966 dowry/secretary-type search problems given 967 appropriate parameters. 968

969 Seale and Rapoport compared the predictions of the three search heuristics with the actual 970 behavior of their participants when searching 971 through sequences of 80 values (presented as rela-972 tive ranks). The cutoff rule came out the best, 973 being most consistent with observed search behav-974 ior for 21 out of 25 participants. However, a 975 majority of the participants stopped earlier than 976 prescribed by the optimal solution, using a cutoff 977 of less than 37% of the 80 options, which led to 978 success rates for finding the best option of 979

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980 30–32% (compared to the optimally expected rate
981 of 37%). Such early stopping is a common finding
982 in search experiments, and it is usually thought to
983 mean that, although people are being faster and
984 more frugal in their search than the optimal ap985 proach prescribes, they are consequently not doing
986 as well as they could.

987 But people are doing a good job of searching if 988 in these tasks they are operating with a slightly dif-989 ferent goal of always picking a high value, rather 990 than the very highest. This is a reasonable assump-991 tion, because few search problems that people face 992 in reality have exactly the form of the dowry or 993 secretary problem. In particular, there are almost 994 no situations where choosing the single best option yields maximal payoff while all other options yield 995 996 zero payoff-picking the second-best job may give 997 a slightly lower salary, for instance, and picking 998 the second-best house may give a slightly smaller 999 yard. When searchers are rewarded for finding 1000 any option in the top 10% of the available distribu-1001 tion, or when they receive a payoff proportional to 1002 the quality of the option chosen (and thus just try 1003 to select a high-valued option, not the highest), 1004 much less phase 1 and phase 2 search is required 1005 to perform well with a simple cutoff rule (Dudey 1006 and Todd, 2002; Todd and Miller, 1999). People 1007 put in such different payoff settings also adjust 1008 their behavior accordingly: In one small study 1009 where people searched through a set of 100 num-1010 bers and were rewarded whenever they stopped 1011 and chose a value in the top 10% of the distribu-1012 tion, people searched through 28 values on average 1013 (covering both phase 1 and phase 2) and stopped 1014 appropriately about 95% of the time. For rewards 1015 proportional to the value chosen, people searched 1016 even less and still selected values that were on average at the 94th percentile of the possible range 1017 1018 (Dudey and Todd, 2002).

1019 Thus, little search (and hence little information) 1020 is needed for a variety of sequential choice situa-1021 tions-at least in situations such as those pre-1022 sented so far where the searcher is in complete 1023 control of the choice process. But many sequential 1024 choice problems are actually not like this: Few of 1025 us are sultans, able to line up a selection of potential mates or job candidates and one-sidedly de-1026 1027 clare which one we will have. Most of the time,

these kinds of searches are two-sided, which means 1028 the searchers are being searched by others at the 1029 same time, and choice must therefore be mutual. 1030 Job applicants must select their employer and be 1031 selected in return; two individuals seeking to marry 1032 must both decide to take the plunge together. This 1033 added challenge can be solved by the searchers 1034 learning their own value or rank position within 1035 their pool of fellow searchers and using this self-1036 knowledge to determine how high they should 1037 aim their search aspirations (Kalick and Hamilton, 1038 1986), rather than merely setting an aspiration le-1039 vel based on the values of a small sample of avail-1040 able options as in the one-sided approaches 1041 covered above. Todd and Miller (1999) presented 1042 a range of simple heuristics that do just this, for in-1043 stance, heuristics for learning one's mate value 1044 through the acceptances and rejections encoun-1045 tered during an adolescent dating period or more 1046 generally a phase 1 search period (see Simão and 1047 Todd, 2002, for another approach to this prob-1048 lem). These heuristics, like the one-sided mecha-1049 nisms already discussed, can perform well with 1050 little search, quickly learning appropriate aspira-1051 tion levels based on the searcher's own quality. 1052

With this knowledge of how people search for 1053 alternatives in different domains, we can design 1054 tools to help people search more effectively. For 1055 instance, we can order the alternatives presented 1056 to people in a way that allows them to end a search 1057 quickly if their goal is a rapid decision, or in a way 1058 that encourages them to search longer if their goal 1059 is to find the very best alternative or get a greater 1060 understanding of the search space. In designing 1061 these tools it is important to take into account 1062 individual differences in search style as well. There 1063 appear to be significant sex differences in search 1064 behavior in some domains; for example, Dudey 1065 and Todd (2002) found in their particular task that 1066 men searched quite a bit less than women. In this 1067 case, men were taking the riskier strategy, rather 1068 than searching longer and having a higher chance 1069 of finding the best option. This tendency could be 1070 reversed if it is made more risky to search longer, 1071 such as by saying the search is on a bad Web con-1072 nection that could cut out at any moment and 1073 cause the searcher to lose all results found so 1074 far-in that case, if men are risk-seekers then they 1075

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1076 may be likely to search longer than women (see1077 Slovic, 1966, for a difference of this sort between1078 boys and girls).

1079 These artificial agents acting on our behalf may 1080 be preferable to searching in person in some do-1081 mains, because they could be made less susceptible 1082 to misjudging the distribution of available alterna-1083 tives. For instance, when you see a photo of a 1084 beautiful person, your brain may be rewired in a 1085 way that changes your perception of the distribu-1086 tion of available mates or potential mating com-1087 petitors, depending on your inclinations. This is 1088 because we evolved in an environment in which the only way we could perceive the information 1089 1090 pattern corresponding to an adult human face 1091 was for someone to grow one for about 20 years 1092 and put it in front of us-and thus by definition 1093 all these faces we saw belonged to people who were 1094 potential mates or competitors. But today face-1095 information can be thrown at people in any num-1096 ber of cheap ways, so that we are now flooded with 1097 images of beautiful people, all of which we take in 1098 as data, and our conception of the distribution of 1099 available mates can become skewed in the unattainable direction (Buss. 2000). The same thing 1100 holds for houses, or luxury goods, or jobs, watch-1101 ing the lifestyles of the rich and famous on televi-1102 1103 sion or in movies. This can ultimately lead us to 1104 search far too long for alternatives we will never 1105 be able to afford. Software search agents need 1106 not be so easily misled.

1107 7. Further directions

1108 In this paper we have seen several ways that people can use simple fast and frugal heuristics to make 1109 1110 good decisions with little information in a variety of 1111 domains, and some of the implications this has for 1112 the design of systems that help people gather and 1113 make use of that limited information. In each case, the success of the heuristic has relied on the presence 1114 1115 of certain structures or patterns in the environ-1116 ment—such as whether recognition alone is reliable, 1117 or what multiple cues are valid, or whether there is competition for items being searched for. The ongo-1118 1119 ing study of simple heuristics and their implications must be based on understanding the structure of 1120

information in different decision environments1121and the way this matches the structure of the decision heuristics themselves—that is, understanding1123ecological rationality.1124

An important class of environments awaiting 1125 further study from this perspective is that of social 1126 domains. What heuristics do people use when the 1127 information they can gather comes from other 1128 individuals, and how do the heuristics employed 1129 match the distribution of social information? Fur-1130 thermore, what simple mechanisms do groups use 1131 to process the information spread among their 1132 individual members to come up with a final choice, 1133 1134 and how do those mechanisms fit the group information structure? Researchers are beginning to 1135 make progress on these questions, for instance, 1136 finding that a fast and frugal search through infor-1137 mation about one's social circle can be used to 1138 come up with good estimates of the prevalence of 1139 population-wide occurrences such as instances of 1140 1141 different diseases (Pachur et al., in press). Looking at inferences made in small groups, Reimer and 1142 Katsikopoulos (in press) have found that recogni-1143 tion knowledge is accorded a special status not 1144 only for individual decision making but also in 1145 group deliberation. Social information gathering 1146 and processing when individuals are structured 1147 into differentially connected webs and networks 1148 (Watts, 2003) should reveal other patterns of heu-1149 ristic use and ecological rationality. 1150

Social environments made up of other decision 1151 makers with whom one must deal point to another 1152 challenge for understanding ecological rationality. 1153 In addition to looking at how our decision heuris-1154 tics are shaped by the structure of the environ-1155 ment, we need to consider how our decision 1156 environments are in turn shaped by the decisions 1157 everyone makes. For instance, fast and frugal mate 1158 choice and search mechanisms can impact what 1159 cues potential mates display to entice each other 1160 and can lead to large population-level patterns 1161 such as the distribution of ages at which people 1162 first get married (Todd and Billari, 2003). But this 1163 decision-mechanism/environment co-evolution 1164 can take place much more rapidly and extensively 1165 when the environment is not just biological, but 1166 cultural. The way products become known and 1167 are chosen clearly impacts the structure of the 1168

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1169 market of available products-using recognition-1170 based choice mechanisms can, for instance, result 1171 in just a few products being much more popular than most others, in a J-shaped distribution of 1172 1173 selections made (Heuvelink, 2004; Todd and Heu-1174 velink, submitted for publication; see also Janssen 1175 and Jager, 2003, for related studies combined with social network structure). Even the pattern of 1176 1177 available parking spots in a large lot is created 1178 by the decisions made by others who have come 1179 there before you, and the strategy that you use 1180 to find a good spot will perform differently 1181 depending on the strategies that everyone else 1182 has already used in creating the environment struc-1183 ture that you encounter (Hutchinson et al., in 1184 preparation). Thus, exploring the nature of such 1185 pattern-constructing/pattern-exploiting feedback loops between heuristics and their environments 1186 1187 will be important for our understanding of ecolog-1188 ical rationality more broadly.

1189 Knowing-or changing-where these loops are 1190 going can help us provide people with better tools 1191 for making decisions. More generally, knowing 1192 how people use simple heuristics to reach good 1193 decisions on the basis of little information can also 1194 help us create better communication technologies. 1195 But this knowledge can also be used to help divert 1196 people's decisions in directions they might not real-1197 ize, and might not like. So, while a little informa-1198 tion can go a long way, we need to work to 1199 ensure that it goes the way that people want.

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